



# Health Benefits Plan Enrollment for Retirees

888 CalPERS (or 888-225-7377) • TTY (877) 249-7442 • Fax (800) 959-6545

For Retirees only. (Active employees - contact your Personnel Office).  
To save time, complete this form before you request changes over the phone.

## Section 1

### Type of Change

Check the type of change you are making.

- Change My Health Plan
- Enroll in a Health Plan
- Add Eligible Dependents to My Health Plan
- Open Enrollment (Check this box if the requested change is due to Open Enrollment)

You can make changes by calling **888 CalPERS** (or **888-225-7377**), by faxing this form to us at (800) 959-6545, or by visiting my|CalPERS at [my.calpers.ca.gov](http://my.calpers.ca.gov).

## Section 2

### Retiree Information

Be sure to include the name of the agency from which you retired.

If you are enrolled in Medicare, please send a copy of your Medicare card.

|                                              |        |                         |                       |
|----------------------------------------------|--------|-------------------------|-----------------------|
| Name (First Name, Middle Initial, Last Name) |        | Social Security Number  |                       |
| Birthdate (mm/dd/yyyy)                       | Gender | Daytime Phone ( ) ( )   | Evening Phone ( ) ( ) |
| Address                                      |        | County (residence)      |                       |
| City                                         | State  | Zip                     |                       |
| Retirement Date (mm/dd/yyyy)                 |        | Name of Former Employer |                       |

## Section 3

### Health Plan

Before requesting a plan change, verify that the doctor you want is contracted with the health plan and is accepting new patients. If not, you will need to find another doctor who contracts with the new plan

|                         |                                                        |
|-------------------------|--------------------------------------------------------|
| Name of New Health Plan | Name of Doctor/Medical Group (include ID #s, if known) |
|-------------------------|--------------------------------------------------------|

## Section 4

### Dependent Information

All dependents currently enrolled on your health plan will remain on your plan.

List only the dependents you are adding. If you have more than 3 dependents, please include on a separate page.

|                |                        |                         |
|----------------|------------------------|-------------------------|
| Dependent Name | Social Security Number | Birthdate (mm/dd/yyyy)  |
| Relationship   | Gender                 | Doctor or Medical Group |
| Dependent Name | Social Security Number | Birthdate (mm/dd/yyyy)  |
| Relationship   | Gender                 | Doctor or Medical Group |
| Dependent Name | Social Security Number | Birthdate (mm/dd/yyyy)  |
| Relationship   | Gender                 | Doctor or Medical Group |

Put your name and Social Security number at the top of every page.

\_\_\_\_\_  
Your Name

\_\_\_\_\_-\_\_\_\_\_  
Social Security Number

## Section 5

### Retiree Signature

Please be sure to sign this form.

By signing this form, I elect to change the plan indicated above and/or add eligible family members. I also certify that the health information listed above is true and complete and authorize deductions, if applicable, to be made from my retirement allowance to cover my share of the health plan premium.

\_\_\_\_\_  
Signature of Retiree

\_\_\_\_\_  
Date

## Section 6

### Additional Information

You can submit your health plan changes by mail, by phone, or by fax.

#### **Health Benefits Plan Enrollment for Retirees**

Use this form to enroll in a health plan, change your plan, or add an eligible dependent(s) to your plan if you meet all of the following requirements:

- Are eligible for enrollment on the date of separation
- Retired within 120 days from the day you separated from your job
- Are receiving a retirement check

Contact CalPERS with any eligibility questions.

#### **Notes**

- Any health plan changes made during Open Enrollment become effective the following January 1.
- You can use this form to make changes to your health plan outside of Open Enrollment due to a qualifying event, such as adding a new spouse, registered domestic partner, or dependent child.
  - Adding a spouse requires a copy of your marriage license
  - Adding a registered domestic partner requires a copy of the approved *Declaration of Domestic Partnership*
  - Adding a dependent child you have assumed a "parent-child relationship" with, requires an ***Affidavit of Parent Child Relationship***
- Be sure to report changes to CalPERS in a timely manner to avoid retroactive reimbursement liability.
- If you are enrolled in a Medicare Managed Care plan (Medicare Advantage) and are switching to a Supplement to Medicare plan, you must contact your current health plan or the nearest Social Security Administration office to disenroll your Medicare benefits from you current Medicare Managed Care plan. If you do not disenroll, Medicare will not pay for services you receive under your new health plan.
- If any one of your dependents is enrolled in Medicare, please send a copy of the Medicare card.

After making changes to your health plan, be sure to examine your retirement check to verify that the proper deduction was made. If the deduction is incorrect, call CalPERS to report the discrepancy.

Mail to:

California Public Employees' Retirement System P.O. Box 942715, Sacramento, CA 94229-2715